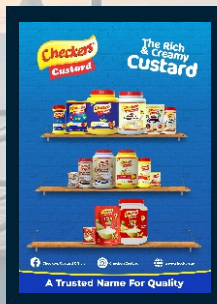


1ST EDITION

EMOTIONAL & SOCIAL INTELLIGENCE MAGAZINE

Maiden Edition, June, 2025

Masterminds Community Foundation Lagos, Nigeria



Sponsors:



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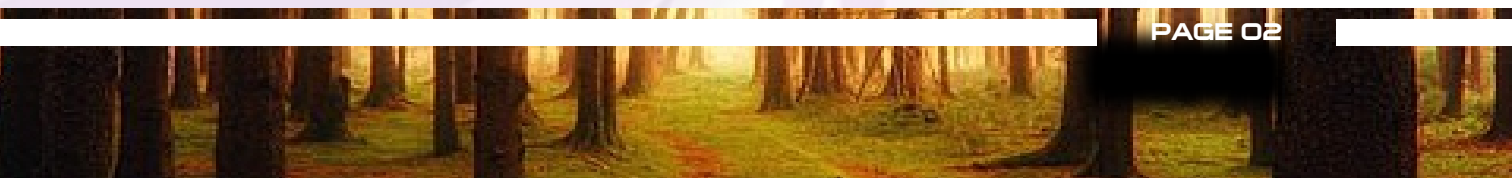
**HIS EXCELLENCY
BABAJIDE SANWO-OLU**
GOVERNOR OF LAGOS STATE

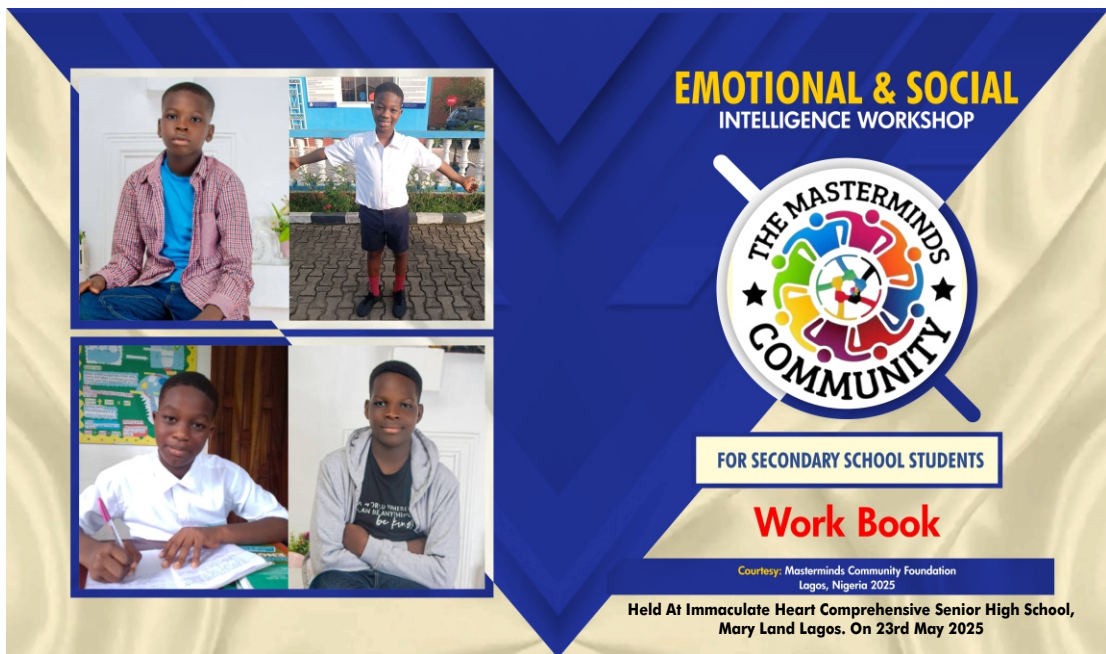


**JAMIU TOLANI
ALLI-BALOGUN**
COMMISSIONER FOR BASIC AND
SECONDARY EDUCATION LAGOS STATE.



VIVIAN OCHENE
FOUNDER OF MASTERMINDS
COMMUNITY FOUNDATION





This magazine captures the highlights of the SMART TEENS interactive workshop held on the 23rd day of May 2025 at the Immaculate Heart Comprehensive senior high School, Mary land Lagos. The workshop was organized by the Masterminds Community Foundation. The Foundation is a secular non-governmental charity organization registered under the laws of the Federal Republic of Nigeria for community development with a mission to reaching out to the indigents and vulnerable in our society and workplaces.

This year's workshop targets the in-school youths with a workshop tagged: Mastering Emotional and Social Intelligence for Holistic Success. This workshop is a product of a peer-reviewed, interdisciplinary research manual put together by experts to educate the in-school youths on how to use emotional and social intelligence to overcome the vices in the society attributed to peer pressure and external global influences.

The workshop captured students demonstrating emotional intelligence from the lessons of the day. The teachers were excited and commended the Lagos State Ministry of Education for partnering with the Masterminds Community Foundation.

This workshop manual which has been described as a masterpiece could be better explained as a guiding tool to checking peer pressure and vices that the in-school youths have often fallen into.

This workshop was divided into activity sessions that span diverse activities on emotional and social intelligence. The participants experienced a tremendous positive growth of their emotional and social intelligence quotient.



VIVIAN OGHENE

It is my pleasure to welcome you to this year's edition of our SMART TEENS 360 interactive workshop. A workshop organized by the Masterminds Community Foundation, Lagos in collaboration with and support of the Lagos State Ministry of Education through the Lagos State Ministry of Basic and Secondary Education District II. SMART TEEN 360 is a special program initiated and funded by the

Masterminds Community Foundation to reach out to in and out-of-school young people in Nigeria. The Masterminds Community Foundation is a secular non-governmental charity organization registered under the laws of the Federal Republic of Nigeria for community development with a mission to reaching out to the young people, indigents and vulnerable in our society and workplaces.

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As part of the 2025 Children's Day celebrations, Lagos State's Ministry of Basic and Secondary Education partnered with the Masterminds Community Foundation to host a transformative Smart Teens' Workshop for public secondary school students across Education District II. The event empowered over 200 students with crucial emotional and social intelligence skills.

Held at Immaculate Heart Comprehensive Senior High School, Maryland, the workshop carried the theme "Emotional and Social Intelligence: Key Life Skills for Today's Teens." Director of Guidance and Counselling, Mrs. Bolanle Adeniyi, emphasized that character development is vital for lifelong success and societal transformation. She noted that instilling empathy and ethical awareness at a young age is critical to addressing future societal challenges.

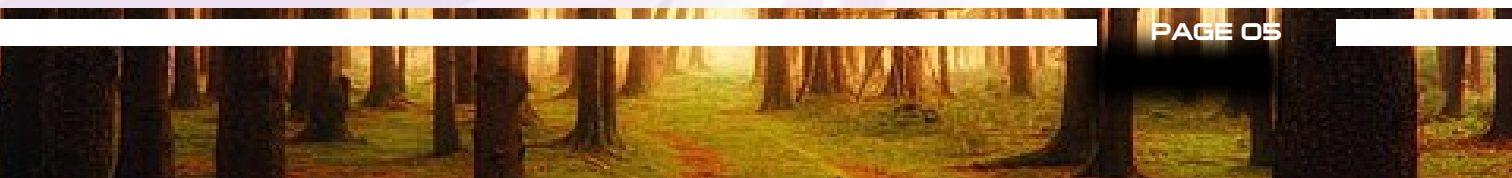
Other speakers at the event, include retired Director Adeyemi Adebayo and Mastermind Foundation Founder Vivian Oghene, who underscored the

link between social intelligence and responsible adulthood. The program featured interactive activities, gift presentations, and motivational talks, reinforcing the Sanwo-Olu administration's commitment to nurturing responsible, emotionally balanced future leaders.

The workshop was not only entertaining but enlightening and educating. It is a part of the program of the Masterminds Community Foundation to take this campaign round the secondary schools in Lagos State being part of her social responsibility with more support from the government of Lagos State, corporate bodies and sister NGOs.

Rather than sit back to complain about the alarming rate of juvenile delinquency in the Nigeria, Masterminds Community Foundation is on the fast lane of changing the narrative in Lagos State.

► **Vivian Oghene**
Founder, Masterminds
Community Foundation





MR. ADEYEMI ADEBAYO

Also speaking at the event, Mr. Adeyemi Adebayo, a retired Director from the Ministry of Basic and Secondary Education, noted that academic excellence alone is not sufficient for success in life. He pointed out that social and emotional intelligence skills are essential for the proper development and growth of young people. He stressed that, "Emotional and social skills like empathy, self-awareness, resilience, and relationship

management are equally critical in navigating adulthood."

He lamented that many children in Nigeria lack these crucial skills, leading to issues such as peer pressure, cultism, and poor decision-making. Highlighting the importance of parental involvement, Adebayo said, "Parents should talk more to their children. Society has evolved to a point where children need to know the implications of everything they do."



VIVIAN OGHENE

Vivian Oghene Founder of Mastermind Community Foundation, highlighted the urgent need to tackle rising societal vices. She remarked that bullying, domestic violence, drug abuse, and banditry are increasing.

"We believe that abusive husbands, violent criminals, and corrupt leaders often stem from poor upbringing and lack of emotional guidance," she noted. She reaffirmed the foundation's commitment to youth development in alignment with the Lagos State Government's goals, by "catching them young, we can shape emotionally balanced, responsible, and compassionate individuals," she stressed. The event was engaging and interactive, featuring games, film screenings, dance, and distribution of gifts to the participating students



While responding to the press, the President of the Masterminds Community Foundation, Vivian Oghene, further emphasized that the initiative aims to equip in-school youths with the skills to manage their emotions, build positive relationships, and make informed decisions.

The workshop, themed "Mastering Emotional and Social Intelligence for Holistic Success," has already commenced in five government schools in Lagos and will go round all the secondary schools in Lagos. It will involve facilitators educating students on the importance of emotional and social intelligence.

The Foundation is calling for support and collaboration from the government, corporate bodies, professional bodies and good spirited individuals as well sister organisations. Oghene noted that the foundation plans to expand the initiative to other schools, including private institutions and those in other states. "We are passionate about this initiative, and we believe that it will make a significant impact in the lives of young people," she stated.



Mary Echi engaged the participants on Social Intelligence : Navigating Relationship. Talking to the participants on the key aspects of social intelligence, Echi stressed on the need to interact effectively with others, understand their feelings and respond appropriately with empathy. She stressed that one may have academic intelligence but lack social intelligence.



Some of the students at the workshop, expressed appreciation for the programme, stating that it has taught them how to manage their emotions and build positive relationship with others.



Lagos Celebrates Children's Day with Smart Teens' Workshop on Life Skills and Emotional Intelligence

CHILDREN'S DAY CELEBRATION 2025 IN EDUCATION DISTRICT II

As part of the official Children's Day 2025 celebrations, the Lagos State Ministry of Basic and Secondary Education, in collaboration with the Masterminds Community Foundation, organized a Smart Teen's Workshop for students across Lagos State Public Secondary Schools in Education District II.

Following the flag off on Tuesday, May 20th, 2025, at the Education Resource Centre (ERC), Ojodu-Berger, the workshop itself was held at Immaculate Heart Comprehensive Senior High School Hall, Maryland. Over 200 students from five schools within the district participated in the program with the theme: "Emotional and Social Intelligence: Key Life Skills for Today's Teens", which focused on equipping teenagers with emotional and social intelligence as essential life skills.



Speaking at the event Mrs. Bolanle Adeniyi, Director of Guidance and Counseling, Education District II, emphasized the importance of early intervention in character development. In her words: "Emotional and social intelligence are vital life skills that help students navigate their lifelong journey. Addressing societal issues from the foundation means instilling empathy, emotional intelligence, and ethical decision- making in our young ones."



Students were delighted to have attended the workshop which allowed participants to engage in a peer review sessions where the students shared emotional and social intelligence from their personal experiences and lessons of the day.

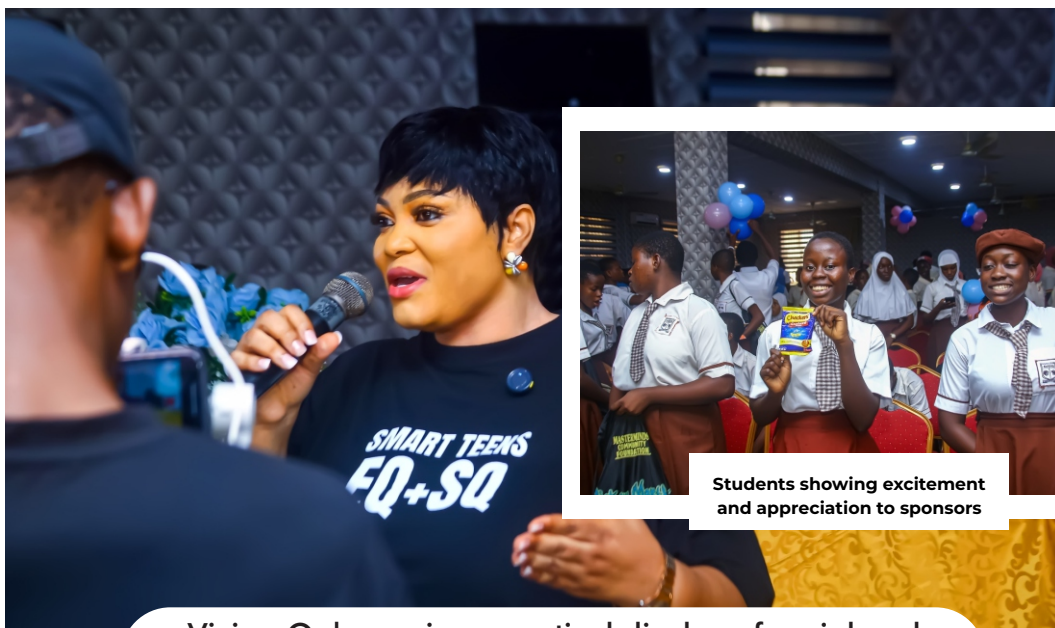


AKPOVI OKOTIE

Akpovi Okotie in an opening remark, made welcome the participants and their teachers. He also expressed gratitude to the Lagos State Government for collaborating with Masterminds Community Foundation.



Student demonstrating emotional and social intelligence during the "Kindness Challenge Activity".



Students showing excitement and appreciation to sponsors

Vivian Oghene, in a practical display of social and emotional intelligence during the session



IGHO ORIENU

Speaking at the event, Igho Orienu engaged the participants on the dangers of drugs abuse in an engaging session titled: "Own Your Feeling, Own Your Future– Say No To Drugs" the student were delighted to learn the long and short term of drug abuse.





Anthony Village Senior High School Lagos.



Ojota Senior High School Lagos.



Immaculate Heart Comprehensive Senior School, Lagos



Obanikoro Baptist High School Lagos.



Mende Senior High School Lagos





Students Participating In Activity Session





THE SMART TEENS INTERACTIVE SESSION:

Mastering Emotional and Social Intelligence for Holistic Success

OPINION SURVEY

- Name Adolphus Marvellous Ayibami
- Age 15 years old
- School Baptist senior high school, Okunirara
- Class SS 2
- What did you gain from this workshop Staying calm in tough situations gives you control over your emotions
- What do you consider boring in this event Nothing seems boring, it was actually interesting
- What did you like most about the Smart Teens workshop? There was a lot of gifts and there was things to learn
- Would you like to attend the next edition of Smart Teens Workshop? Yes, I would love to attend next edition
- Why would you like to attend or not to attend? I would like to attend because it motivates me a lot
- Mention the things that you did not like about this event I did not actually like the camera light, they were too bright and it is affecting my eyes

11. Write briefly your experience during the Smart Teens workshop I experienced a game and I was gift a water bottle because I won for my school. Thank you smart teens workshop

Carefully tear out this page and hand it to the officials of the workshop

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THE SMART TEENS INTERACTIVE SESSION:

Mastering Emotional and Social Intelligence for Holistic Success

OPINION SURVEY

- Name Eze Deborah Chuma
- Age 15 Years
- School Immaculate Heart Comprehensive Senior High School
- Class S.S. S I B
- What did you gain from this workshop I learnt how to control and manage my feelings and also the feelings of others and what to do to remain calm in some certain areas
- What do you consider boring in this event Maryashe's speech is boring, she didn't crack jokes or say a life event
- What did you like most about the Smart Teens workshop? Mrs Wilian Oghara Abraham Speech
- Would you like to attend the next edition of Smart Teens Workshop? Yes, I will love to and look forward to see the next edition
- Why would you like to attend or not to attend? I will like to attend to know more about Social Intelligence
- Mention the things that you did not like about this event Mary ashe's speech and I did not get a handkerchief in my goodies bag

11. Write briefly your experience during the Smart Teens workshop My experience during the Smart Teens workshop was inspiring especially when Mrs Wilian Oghara Abraham was speaking about giving her speech it was so encouraging it really spoke to me about the way I handle my emotions, feelings and about the ability to interact effectively with others, I understand that for long and Respond Appropriately.

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THE SMART TEENS INTERACTIVE SESSION:

Mastering Emotional and Social Intelligence for Holistic Success

OPINION SURVEY

- Name Muhammad Kankeemio
- Age 15
- School Mande Senior high school
- Class SS 1st
- What did you gain from this workshop they taught me how to manage my emotion and social intelligence
- What do you consider boring in this event Nothing
- What did you like most about the Smart Teens workshop? It is when they teach us about handling our emotion
- Would you like to attend the next edition of Smart Teens Workshop? Yes
- Why would you like to attend or not to attend? to learn more about what is happening in the society
- Mention the things that you did not like about this event to like nothing I did not dislike anything in the program
- Write briefly your experience during the Smart Teens workshop I felt happy and it teach me how to manage my emotion and social intelligent

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THE SMART TEENS INTERACTIVE SESSION:

Mastering Emotional and Social Intelligence for Holistic Success

OPINION SURVEY

- Name MATTHEW TAIWO SARAH
- Age 17 Years old
- School Mande Senior high school Maryland
- Class SS 1C
- What did you gain from this workshop How to enter my emotions and others.
- What do you consider boring in this event Nothing every goes very well and help me to be encourage am very grateful
- What did you like most about the Smart Teens workshop? The words of encourage ment
- Would you like to attend the next edition of Smart Teens Workshop? Yes
- Why would you like to attend or not to attend? Because I would want to gain and learn more
- Mention the things that you did not like about this event Nothing really bad but the time spent.
- Write briefly your experience during the Smart Teens workshop I have learn how to speak up I have learn how to manage my emotions how to interact with others

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THE SMART TEENS INTERACTIVE SESSION:

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OPINION SURVEY

- Name AKANNI, RAHEEL-OLANREWAJU
- Age 14 yrs
- School Baptist Senior High School
- Class SS2
- What did you gain from this workshop? I have gained insight into how you can manage or control your feelings. Absolutely nothing is boring about this event.
- What do you consider boring in this event? Nothing.
- What did you like most about the Smart Teens workshop? I liked listening to the speech of Mr. Adekunle Adeniji and Mrs. Victoria Obi.
- Would you like to attend the next edition of Smart Teens Workshop? Yes, I would love to attend the next edition.
- Why would you like to attend or not to attend? I would love to attend.
- Mention the things that you did not like about this event? Nothing. I did not like anything. I did not like about the event. I must say I was everything about this event.
- Write briefly your experience during the Smart Teens workshop. My experience during the Smart Teens Workshop is that I now know how to manage and control my feelings and other people.

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THE SMART TEENS INTERACTIVE SESSION:

Mastering Emotional and Social Intelligence for Holistic Success

OPINION SURVEY

- Name THEOSESLE PRECIOUS AYINDE
- Age 15 yrs
- School Orisha Senior Secondary School
- Class SS1
- What did you gain from this workshop? I learnt how to master my emotions.
- What do you consider boring in this event? Nothing.
- What did you like most about the Smart Teens workshop? The Mrs. Victoria's Part.
- Would you like to attend the next edition of Smart Teens Workshop? Yes.
- Why would you like to attend or not to attend? Cause I learnt a lot.
- Mention the things that you did not like about this event? Nothing.
- Write briefly your experience during the Smart Teens workshop. I learn how to manage my emotional feeling and how to impact the social feeling of intelligence in the society.
Say no to drugs

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THE SMART TEENS INTERACTIVE SESSION:

Mastering Emotional and Social Intelligence for Holistic Success

OPINION SURVEY

- Name Ekanke Loveth
- Age 18 years
- School Anthony Village Senior High School
- Class SS2B
- What did you gain from this workshop I learn to know to control my emotions.
- What do you consider boring in this event No point in the event.
- What did you like most about the Smart Teens workshop? The teaching about helping people.
- Would you like to attend the next edition of Smart Teens Workshop? yes
- Why would you like to attend or not to attend? anything is very interesting.
- What do you like to attend or not to attend? I will like to attend because it helps me manage my emotion.
- Mention the things that you did not like about this event Not part in the event.
- Write briefly your experience during the Smart Teens workshop I have met some nice people, some friendly, some have met before 2 years ago and the president her self is an amazing and incredible woman.

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THE SMART TEENS INTERACTIVE SESSION:

Mastering Emotional and Social Intelligence for Holistic Success

OPINION SURVEY

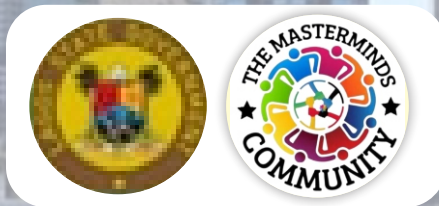
- Name Ekanke Joy
- Age 17
- School OTOTA SENIOR SECONDARY SCHOOL
- Class SS1
- What did you gain from this workshop I gained social and emotional intelligence and how to control my emotions and the fear of others.
- What do you consider boring in this event Nothing was boring.
- What did you like most about the Smart Teens workshop? The gifts the speaker gave me the games the speaker said he really enjoyed every thing.
- Would you like to attend the next edition of Smart Teens Workshop? Yes I would
- Why would you like to attend or not to attend? I would like to see how the next edition will be if it will be better.
- Mention the things that you did not like about this event The fact that the gift were given before the event came to an end. It led to a competition and noise even though it was a good event.
- Write briefly your experience during the Smart Teens workshop I had a wonderful experience from the first to the last speaker it was a wonderful event.

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COMING SOON!!!



**THE LAGOS STATE MINISTRY OF BASIC
AND SECONDARY EDUCATION**

EDUCATION DISTRICT 6

IN COLLABORATION WITH

MASTERMINDS COMMUNITY FOUNDATION

THEME:

**EMOTIONAL AND SOCIAL INTELLIGENCE
KEY LIFE SKILL FOR TODAY'S TEENS**

Venue:

Agidingbi Senior Grammar School
Lateef Jakande Road, Agidingbi, Ikeja,
Lagos State, Nigeria.

11AM | **29TH OCT.
2025**

Volunteers and Sponsors Needed.

Contact: Masterminds Community Foundation.

Email: Mastermindscommuntty@gmail.com

+234 (0) 803 583 1084